



EDITORIAL

Employee newsletters are an ideal way to keep the employees up-to-date about the organization. Besides serving to recognize the dedication and achievements of individual employees and highlighting organizational efforts, newsletters help promote camaraderie and a sense of belonging and act as a glue that binds associates working at diverse locations. Importantly, they also serve as an informative internal, as well as external, branding document.

When we sought suggestions for the title of the newsletter we received an encouraging response. Most opined that it should focus on the experiences gained in caring for patients and also while imparting education. Newsletters ought to be a platform to share knowledge and enable a confluence of ideas. They should highlight the efforts of the enterprise in uplifting lives. So, for the title of our newsletter, we agreed to the suggestion from Abhay Kumar of our Kolkata centre and chose 'Aahwaan', which means a 'calling'. We hope that Aahwaan will also provide an impetus to our endeavor to transform the way medicine is practiced by transforming the way medical education is imparted.

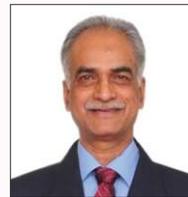
Organizational interconnectedness is the sheet anchor that helps employees bond as one CIHS family. Aahwaan is an effort in that direction. After all, good families build trust and are mutually committed — traits that are vital to meet long-term organizational goals. In the words of Glenda Campbell:

There is a special kind of closeness that only families know,
That begins with childhood trust and deepens as you grow,
There's a special kind of comfort in knowing your family is there,
To back you up, to cheer you up and understand and care,
Of all treasures life may bring, your family means the most,
And whether near or far apart, your love will hold you close!

02 February 2016 was the date when CIHS was incorporated. On the occasion of the third anniversary of CIHS, we wish everyone a very Happy CIHS Formation Day. Let's resolve to put in our best efforts in order to make a real difference to people's lives, through qualitative education and community care.

[Col M Rajgopal (retd), Group COO]

Message from Chairman



The CIHS newsletter is a good initiative. This medium should be used to connect all our associates and share our experiences as we continue to grow. A large number of associates are in far flung centres, hence the newsletter would help create a feeling of oneness. Staying connected will also enable us to share and learn from one another and, therefore, it is important to contribute to 'Aahwaan'. I wish the associates a Happy CIHS Anniversary and all the best in future endeavours.

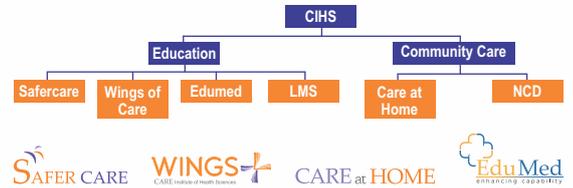
Dr B Soma Raju

HIGHLIGHTS

- About CIHS 2
- Key Events 2
- Proud Parents 4
- Successful Careers 5
- Passionate Trainers 6
- International Accreditations and Certifications 7
- Patient Testimonials 8

ABOUT CIHS

Care Institute of Health Sciences (CIHS), which is proudly celebrating its third anniversary, strives to integrate education, research and care, under the broad areas of education and community care. Safecare, one of its wings, is involved in the upskilling of doctors, nurses and paramedics in a simulated environment. Wings of Care, in partnership with corporates and State Governments, conducts healthcare skill development programs for rural youths across the country, while also ensuring their placement in jobs. EduMed offers non-simulated, internationally certified training programs, to enhance career opportunities, for doctors and nurses. Another wing of CIHS, Care at Home focuses on community care by providing home-based healthcare, as well as conducting preventive and management programs for non-communicable diseases (NCDs).



Visit by NABCONS Vice President

Mr VK Tripathy, VP, Skill Vertical, NABCONS (National Bank for Agriculture and Rural Development Consultancy Services), New Delhi, visited DDU-GKY Centre 2 at Lumbini Vihar, Bhubaneswar on January 17, 2019. Accompanying him were Mr Naresh Gupta (MD, NABCONS), Mrs B Swati (DGM, NABARD & AGM, NABCONS) and Ms Srabani Halder, Team Leader, NABCONS, Odisha. They held discussions with State Head Mr Bibudatta Mohanty regarding the project, as also the challenges faced during mobilization and placement. They interacted with the trainees about their training, accommodation and career objectives and expressed satisfaction at the manner in which training was being conducted.



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CIHS and Alfred Health Sign Landmark MOU

Care Institute of Health Sciences and Alfred Health – Monash University, Australia signed an MOU on September 15, 2018, launching four advanced courses for doctors and nurses. Present on the occasion were Dr B Soma Raju, Chairman, CIHS; Prof Peter Cameron, Academic Director of The Alfred Emergency and Trauma Center, Australia; Col M Rajgopal (retd), Group COO, CIHS; Dr Nikhil Mathur, Clinical Director, Emergency, CARE Hospitals Group, senior management and staff of CIHS.



This key collaboration is aimed at upskilling doctors and nurses in Emergency Medicine, Critical Care and Anaesthesia by providing hands-on training in life-saving advanced emergency procedures.

Yesterday Homeguards K. Chandan & Inayathulla Khan of Bahadurpura PS saved the life of a person who had suddenly undergone a cardiac arrest at Puranapul Darwaja in Old City 🙏🙏🙏

Many Constables & Homeguards in Hyderabad have undergone CPR (cardio pulmonary resuscitation) training

The tweet is by Mr K T Rama Rao, Cabinet Minister, Telangana. These policemen were trained at Safecare ☺



National Seminar for Nursing Education

A national seminar on simulation-based education for nurses “Transforming Nursing Practice Through Simulation” was organised on August 3, 2018. The conference was chaired by Dr Dilip Kumar, President, Indian Nursing Council, New Delhi, and attended by principals of nursing colleges from all over India. Dr B Soma Raju, Chairman, CIHS also emphasized the need for simulation in healthcare training.

Visit by Nodal Officer, ORMAS

Mr Dhanunjeya Dwivedi, Nodal Officer from ORMAS was the Chief Guest at the first Foundation Day of the DDU-GKY Centre 2 at Lumbini Vihar, Bhubaneswar on December 5, 2018.



TOT for Simulation Lab Faculty

CIHS’ Safecare Simulation Lab faculty underwent the European Simulation Instructors Course (EuSim), a TOT training program held for the first time in India. It was conducted by a team from Laerdal, Norway from October 22-25, 2018.

Valedictory Program at Sundarnagar

Mr Rakesh Jamwal, MLA, Sundarnagar, HP was the Chief Guest at the valedictory program for DDU-GKY Skill Development Training Program held on November 24, 2018. He is being felicitated by Mr Ravi Tappa, Regional Head - Operations, Wings of Care.





Critical Care Workshop Well Received

A simulation-based trauma workshop was conducted on May 29, 2018 for Critical Care doctors and Emergency physicians. The program was led by Dr Madhusudhan Jaju, Consultant, Critical Care, and his team from CARE Hospitals, Nampally, Hyderabad. The program was very well received by the participants.

First Advanced Trauma Resuscitation Workshop

CIHS conducted a first-of-its-kind advanced trauma resuscitation workshop from August 14-15, 2018, in partnership with The Alfred Health – Monash University, Australia and the Society For Emergency Medicine India (SEMI). It was attended by 24 Emergency Medicine, Critical Care and Anaesthesia Specialists who underwent hands-on training in advanced emergency procedures on high-fidelity manikins and cadavers at ESI Medical College, Hyderabad. An international faculty from Australia facilitated the course, in collaboration with faculty from CIHS and SEMI.



Safercare Trains Doctors at OSMECON

During the prestigious OSMECON conference, held in August 2018 at Hyderabad, CIHS trained over 800 doctors in various skills such as Basic Surgical Skills, Basic Life Support, Basics of ABG, Interpretation of ECG and Basic Airway Management. For the first time in OSMECON's history, a simulation based clinical face-off – SIMWAR was organised.

Workshops in Infection Control Conducted

Infection Control (Basic) workshops were conducted at CIHS, Hyderabad and in Bangalore by Dr Mustafa Afzal, Microbiologist, CARE Hospitals, Nampally. A total of 60 participants were trained.

ECC Course for Cops

Safercare, CIHS conducted Emergency Care Champion courses for the traffic police of Hyderabad to empower them to react effectively and swiftly during emergencies on the road. Till date over 500 policemen have been trained.



RECOGNITION FOR TRAINERS

Ms Nishanka Mohanty, IT trainer, CARE Foundation was presented the Best Trainer Award at the ITAC (International Trainer and Assessor Course) certification program, held under the aegis of the Department of Education and Training, Australian government, co-facilitated by ORMAS and CEMCA. Mr Subroto Bagchi, Chairman, Skill Development, Odisha, presented the certificate on April 22, 2018.



Ms Harapriya Jena, IT trainer, CARE Foundation, received a certificate on August 24, 2018 for completing the International Trainer and Assessor Course (ITAC), conducted by ORMAS.



The Safercare team has trained more than 1300 students of healthcare skilling courses in different states of India.

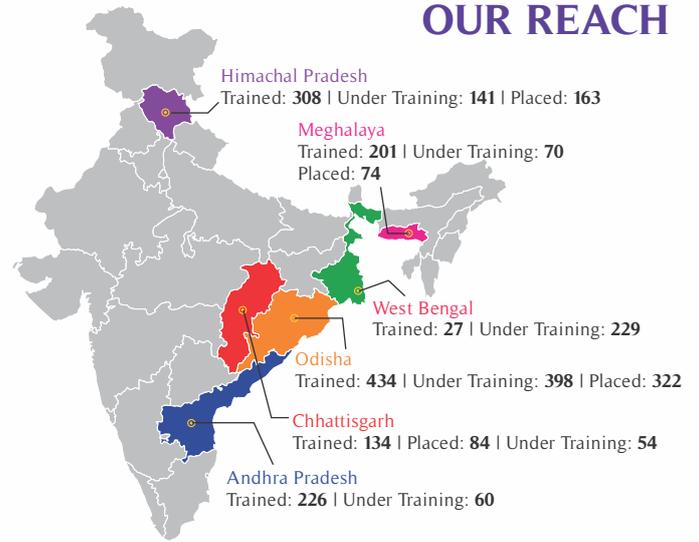
WINGS OF CARE

A key focus area of CIHS is the skilling of healthcare workers across the country, in partnership with corporates and State Governments. Healthcare delivery is manpower intensive and an average of five service providers are required for one admitted patient in a tertiary care setting. Given the huge shortage of skilled healthcare workers in the country, there is a mismatch between the need of healthcare providers and the availability of resources. This leads to multiple problems such as high attrition, heavy work load, compromise on requisite skills, etc. The high requirement of people and related costs of recruiting and retaining staff also has a negative influence on the profitability of the organization.

Through its skilling programs across the country, CIHS is able to contribute substantially and provide working hands initially for entry level jobs. On the job training, as per their prescribed course syllabus, is also given. Nurses and technicians who graduate after training can be recruited as permanent employees at hospitals and other healthcare organizations.

The course content is unique and is developed by the CIHS instructional design team, based on the syllabus for government programs as prescribed by Healthcare Sector Skill Council (HSCC). The following courses' content was developed in-house:

16 Healthcare Courses: Cardiac Care Technician, Pharmacy Assistant, Phlebotomy Technician, Dialysis Technician, General Duty Assistant, Home Health Aide, Bedside Assistant, Emergency Medical Technician - Basic, Frontline Health Worker, Nursing Aide, Healthcare Multipurpose



Worker, Nursing Oncology, Diet Assistant, Diabetes Educator, Cardiac Nursing, Emergency Nursing

Under Development: Operation Theater Technician, Anesthesia Technician, X-ray Technician

Non Domain Courses: English, Soft Skills, Computers, Work Readiness Module

CIHS PARTNERS WITH NSDC

CIHS is now a funded partner of National Skill Development Corporation (NSDC), after a process of detailed review and due diligence. The affiliation with NSDC entrusts CIHS with the following responsibilities: Catalyse the creation of sustainable and quality skill development centres across the country; support and coordinate private sector initiatives for skill development through appropriate Public-Private Partnership (PPP) models; play the role of a "market-maker" by meeting the requirement of skills in the specific sector; and prioritize initiatives that can have a multiplier or catalytic effect on capacity and quality of skilling in India. NSDC addresses the need for providing skilled manpower across various industry sectors.



PROUD PARENTS



After the death of Laxmipriya's father, I became hopeless regarding the future of my children. We were dependent on him. He was the sole source of income for the entire family, through a small grocery shop in our village. Somehow I managed to send Laxmipriya for GNM training by taking a gold loan from the bank. After the training I suggested that she stay in a nearby town and work with a private nursing home. But she refused and said she would like to join a 4 months' specialization course as Cardiac Care Technician. Now she is in Bhubaneswar and working with SUM Hospital as a staff nurse. She is popular for her punctuality and good work culture. Thanks to CARE Foundation for providing such training to my daughter. I have visited the training centre several times. The trainees undergo practical training at CARE Hospitals, which adds value to their learning process and raises their confidence level.

Mrs Minati Biswal, mother of Ms Laxmipriya Biswal, CCT, Bhubaneswar, Odisha

My sincere thanks to the staff of Care Institute of Health Sciences for implementing such a result oriented training program, especially for GNM passed students. I can see the difference and the increased confidence level in my daughter. When I received Rs. 8000/- in my bank account and a call from my daughter from Hyderabad saying, "Papa, I have sent money from my first salary!" I couldn't stop the tears flowing from my eyes. I never expected such a moment in my life. My daughter is now independent, it's a blessing for her.

Mrs Urmila & Mr Jatadhari Sethy
parents of Ms Jallypriya Sethy, EMT, Bhubaneswar, Odisha



Our daughter Sasmita Pradhan pursued the dialysis technician course from CARE Foundation, Bhubaneswar. Now she is working in Swaraag hospital, Hyderabad. We are very happy that our daughter is independent and earning. She told me to take rest now and she is taking care of our family by sending money every month.

Mrs Pushpalata and Mr Satyabdi Pradhan, parents of Ms Sasmita Pradhan, CCT, Bhubaneswar, Odisha



SUCCESSFUL CAREERS



Lipsa Nayak, Course: Cardiac Care Technician, Bhubaneswar

I come from a very poor family located at Talakusuma village, Kendrapara district, Odisha. My father works in the local pickle company. I completed my intermediate with a lot of difficulty. I could not study further due to poverty. When I heard about CARE Foundation's skilling project in collaboration with OSDA at Bhubaneswar, I enrolled myself for the CCT course. During my 4-month training period I attended classes regularly. After training, I joined Asian Institute of Gastroenterology, Hyderabad as a staff nurse and am earning Rs. 15,000 per month. My family and I are very happy.

Jenkins M Sangma, Course: Frontline Health Worker, Shillong

I am from Dalu, West Garo Hills, Meghalaya. I did my graduation in 2017. I lost both my parents. I live with my aunt and have three brothers. My elder brother is an electrician and the other two are studying. Before I came here I was working as a teacher in a primary school. I came to know about this training from one of my friends. My hobby is playing cricket, my favourite cricketer is A B de Villiers. I want to be a cricketer. For now, I am happy that I am in the medical field and I can support my brothers and my family. At the same time, I am helping patients who are in pain and need someone to support them. I am grateful for this wonderful opportunity to build my career at Care at Home.



Alejan Mawpat, Course: Frontline Health Worker, Shillong

I am from Pynursla. I have trained to be a Frontline Health Worker. I liked staying at the hostel because the facilities, such as water supply were very good. Now I am successfully placed at Portea in home care. I am grateful for the opportunity.



Priyanka, Course: Nursing Aide, Sundarnagar, HP

I was a student of the DDUGKY project; it was the turning point of my life. I am now working with Portea, New Delhi at a salary of Rs. 16,000/- per month. I take care of a very elderly patient, who had a fracture and had bed sores. I am happy to be able to help her. As I am earning well now, I send money to my parents regularly, giving them a helping hand.

Fleming Rongpeit

Course: Frontline Health Worker, Shillong

I am from Umta, Nongpoh district. I am 25 years old. I completed my studies in 2015. I come from a very poor family, with six brothers. I came to study at CARE Foundation. Since it was free of cost, it was a great opportunity for me. I am grateful that I received this training so I that can support my family. My teachers taught me well and brought me from darkness to light. Now I am successfully placed at Portea, after an exam and interview.



Sabhya Nag, Course: Dialysis Technician, Bhubaneswar

CARE Foundation is a very good training institution for pursuing my career because of its peaceful environment. All the trainers and staff are very attentive to the trainees. I am grateful that I learnt the Dialysis Technician trade under the DDU-GKY project. When I got a chance to be trained a huge burden was removed from my parent's shoulders. Now I am able to earn well and support my family. I work hard and strive for the best results. I am now working as a staff nurse at Apollo Lifestyle, Hyderabad.



Tambawati Thakur, Course: Home Healthcare Aide, Bhilai

I am from Bastar. After my 12th standard I joined CARE Foundation for HHA training for 6 months. During my training I learned many things about patient care. My personality changed from a shy village girl to a smart city girl. I learnt computers also. My trainers helped me a lot in overcoming my weaknesses. I became confident about delivering patient care independently, and was able to move to another town for a job. I come from a very remote place in Chhattisgarh with a farming family background and limited financial support. CARE Foundation has given me and my family a better standard of living. Today I am working with Home Health Care in Bangalore at a salary of Rs. 9000 per month. I thank CARE Foundation for making me independent.



Tapaswini Behera, Course: Dialysis Technician, Bhubaneswar

I am from Jagatsinghpur district in Odisha. My father is a farmer. I completed the Dialysis Technician course from CARE Foundation. Now I am working as a staff nurse at Lotus Hospital, Pune. I fulfilled my dream of helping my parents. I thank CARE Foundation for this great opportunity.

PASSIONATE TRAINERS



Chakresh Patley, Domain Trainer (Pharmacy), Bhilai

I am highly influenced by the mission and vision of our organization: to serve humanity by integrating skills in medical science, technology and patient care. I am trying to fulfill this. In the beginning, it was difficult for me to train students coming from remote areas. The challenge was how to effectively connect with each one and make them like me. Now it is easy for me to teach them. A trainer must be a good learner and must be committed to continuous learning. Once we have control over our intellect, worries and ego, we can become successful trainers.

Shikha Bhardwaj, Domain Trainer (Nursing Aide), Sundarnagar, HP

I had no idea about the DDUGKY project. It is totally different from teaching in a nursing college. In the past one year I have had so many varied experiences. It is a challenge to train these students as they are not from a medical background. It gives us great pleasure and satisfaction when our students get placed. The energy and enthusiasm is very high after joining CARE Foundation. The staff is also very helpful and enthusiastic, which makes working here more wonderful.



Karan Agarwal, Domain Trainer (IT), Sundarnagar, HP

When I came to know about the DDUGKY project of CARE Foundation, I didn't have any idea that it will change my whole life and experience. I joined as an IT trainer but now I am the Center Manger also. It is a great opportunity for me. From day one I felt a different kind of energy in the organisation. All the employees are well educated and very friendly. Thank you CARE Foundation for making my career!



Nhishanka Mohanty,
Domain Trainer (IT), Bhubaneswar

Nice work atmosphere, satisfactory environment and work culture. Loved working here as the management is always ready to support. It is a good opportunity for me to develop my skills. The students are receptive and interested in learning.



Edaker Pyrbot,
Domain Trainer (English & Soft Skills), Shillong

Working at CARE Foundation has made me independent and empowered. The opportunity to train and communicate with the students is uplifting, knowing that they will have a better future. Thank you for giving me an opportunity to be a part of this amazing team and to make a small contribution to society by guiding and teaching the less privileged youth.

Mamtamasih, Domain Trainer
(Frontline Health Worker), Kolkata

I am honored to be a part of this prestigious organization. I never realized that I could serve people in this manner also. I believe that in order to succeed, we must not only act, but also dream, not just plan, but also believe. I did not know what a domain trainer is. But as CARE Foundation is known for its teamwork and support, I could understand everything. This job helps me to serve needy children who want to study and earn something.



T Padmasri, Domain Trainer (General Duty Assistant), Vijayawada

Initially, when I joined here I was scared because I did not know anything about this company. But after I joined and attended the TOT program in Hyderabad, I was pleasantly surprised to see the care and concern of the management towards its employees. They welcomed me warmly and made me part of their family immediately. Now I am glad to be part of CIHS. I learned how to treat people better, how to improve myself through teaching and learning. I hope to continue to contribute to our company.



HAPPY EMPLOYERS



Ms Lekha Nair
Nursing Superintendent,
Utkal Hospital Pvt Ltd., Bhubaneswar

I would like to express my sincere thanks to the CARE Foundation team. I found the trainees very sincere during their clinical exposure at Utkal Hospital and they have a good attitude towards work. We appreciate them for their enthusiasm and their interest to learn.



Ms Haritha Vijayan
Nursing Superintendent,
CARE Hospitals, Hyderabad

As healthcare is a diversified field, nurses can choose the area they would like to practice in and refine their training accordingly. Each area requires a unique skill set. CIHS helps nurses to specialize in the area of their interest to make them excellent professionals. I have seen the talent set which CIHS brings to healthcare practices. It's an amazing group of professionals.

SAFERCARE

The USP of CIHS is leveraging technology as the primary element of instructional design. A state-of-the-art Simulation Centre with hi-fidelity manikins, a contemporary Learning Management System, a Debriefing software solution and Smart Classroom technology, establish a very powerful foundation to deliver impactful programs. At Safercare, hi-fidelity manikins and replicated clinical scenarios are used to train healthcare providers – doctors, nurses, paramedics and medical/nursing students – on various clinical subjects and procedures, as also to enhance teamwork skills. Safercare has developed the curriculum, content and scenarios for short and long term training programs. It also conducts free and subsidized training in order to fulfill its societal responsibility.

Safercare conducts 60 courses, ranging from 3 hours' duration to six days. These are divided into comprehensive, skill based and scenario based. The courses include: BLS, ALS, Nursing Essentials, Cardiac Care Nursing, Advanced Airway Management, Emergency Nursing, Infection Control, Arterial Line Placement & Intra Arterial BP Monitoring, Foley's Catheterisation with CAUTI Bundle, Bradyarrhythmia/Tacharrhythmia Management, Status Asthmaticus, Status Epilepticus, etc. Till date almost 5000 trainees from all cadres of healthcare, as well as the general population, have been trained.

EDUMED



EduMed aims at transforming the delivery of medicine and healthcare practices, by adopting an innovative approach to clinical education and training. In collaboration with world leaders in medical education, EduMed delivers advanced clinical training programs in key emerging areas, such as emergency medicine, geriatric care, infection control and others. EduMed's partners include Laerdal, Alfred Health – Monash University, Global Health Alliance and the Society for Emergency Medicine India (SEMI), besides others.

EduMed's primary focus is upskilling to enhance career opportunities for nurses and doctors, while improving specialised care and patient outcomes. The programs involve multi-modal (blended) delivery by senior Indian and international faculty. Programs are based on the "Learn while you Earn" concept, with balanced components of online and offline learning.

INTERNATIONAL ACCREDITATIONS AND CERTIFICATIONS

Certified Centre of Excellence by Laerdal

Laerdal has designated CIHS as a Centre of Excellence and would collaborate to co-create training courses, i.e., content, simulation scenarios, etc. It assists in building capacity of trainers by conducting TOTs, provides onsite and offsite mentoring of master trainers and actively promotes CIHS at seminars, conferences and workshops.



Accredited Partner of American Heart Association, USA

CIHS is a nominated accredited partner of the American Heart Association (AHA) and is recognized as their International Training Centre (ITC). The certification is granted after intense due diligence that assesses whether the organization has the capability and credibility to conduct the AHA courses. CIHS will conduct the Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS) and Paediatric Acute Life Support (PALS) courses under the banner of AHA.



Emergency Courses with Alfred Health, Australia

CIHS is partnering with the Society of Emergency Medicine India (SEMI) and Alfred Health – Monash University (Australia) to develop and deliver training courses in Emergency Medicine for doctors, nurses and paramedics. The programs are a collaborative effort between Indian experts with key local knowledge and experience, and an international partner who is highly respected for their well-established emergency medicine care and related protocols. The following courses are being conducted:



Programs	Duration	Target Audience
Certificate in Emergency Care	6 months	Basic training for paramedics & nurses
Specialist Training in Emergency Medicine	12 months	Foundation program for post MBBS doctors with <2 years experience
Fellowship in Emergency Medicine	12 months	Advanced program for doctors in clinical management & research
Clinical Educator Program	12 months	Leadership training for experienced doctors to expand knowledge and teaching skills to become a core faculty member

Elderly Care Certification with Global Health Alliance, UK

Another major partner in specialised course delivery is the Global Health Alliance (GHA), UK, who has joined hands with CIHS to offer a Certification Program for Clinical Nurse Specialist in Elderly Care. GHA aims at delivering up-to-date short accredited courses and programs for health professionals, by experts from renowned universities and hospitals across the UK. The courses are meant for doctors, nurses, specialist nurses, paramedics, cardiac physiologists and the general public.



FROM THE VISITORS BOOK

Wonderful facility with passionate staff. Will help push forward the quality of programs in India. — **Sam Freeman, QSEC, Australia**

Looking forward to working in rural telepathy with CIHS. **Srinivas HSD, Head, TATA Health Foundation**

Great center, facilities and staff. Very educational!!! **David Lin, New York, USA**

Excellent simulation based facilities. Need more such facilities in the country. **Mr Ashish Jain, CEO, Healthcare Sector Skill Council, India**

Care at Home has positioned itself as a home healthcare service provider with a difference. Care at Home is an extension of the care provided to patients in hospitals; the specialists and doctors consider the patient's house as an additional ward at home, wherein the responsibility of the patient's care continues to be entrusted with them. The core purpose is to deliver 'hospital like care in the comfort of one's home'.

The home healthcare is unique as it is not based on low end nursing aide care, like other care providers, but on clinical care rendered by experienced doctors. Remote monitoring through technology and connected devices, besides setting up innovative step-down care at home, makes service delivery unique. Home healthcare is an alternative to inpatient care because of increasing costs, pressure on hospital beds, and concern that inpatient care may not produce the best health outcomes for some groups of patients. The services range from bedside assistance, injections, dressings, physical therapy, rehabilitation to more complex CPAP, BiPAP support and even intensive care at home.

RANGE OF SERVICES

Primary Care

- Mother and Child Care-Pre & Post Natal • Wellness
- Lifestyle Risk Assessment and Management
- Family Medicine • Assisted Living • Mental Health

Chronic Care

- Cardiac Rehabilitation • Diabetic Care • Pulmonary Care
- Nephro Care • Palliative Care • Stroke Care

Speciality Care

- Remote Monitoring • Step Down ICU • ICU at Home
- Diagnostics (POCD, Diagnostics) • Pharmacy
- Appointment (Specialist, Family Physician)
- Consultation (Specialist, Second Opinion)
- Step Down ICU • ICU at Home

HIGHLIGHTS

- With a team of 120 field staff, 8769 days of nursing and bedside assistance provided.
- 15 patients were provided with the highest level of intensive care at home under the supervision of Specialists.
- 288 visits were made by specialists to patients' homes. This is a first of its kind service, wherein all our long term patients, post discharge, were regularly visited by Specialists.
- Day care clinics were conducted in communities, such as at L&T, Ramky and My Home Vihanga, impacting 11,500 people in 3850 homes.
- Opportunity to serve 1930 people directly.

Service Type	Patients Served
Home Health Aide	140
ICU Nursing	15
Nursing Continuous Care	106
Nursing Transactional Care	553
Diagnostics	791
Physiotherapy	260
Doctor Consultation	98
Health Camps	249
Total	2212

PATIENT TESTIMONIALS



From: **Ravishankar G** <raviaqua02@gmail.com>
Date: Tue, Dec 11, 2018 at 9:44 AM

This is to inform that Smt. G Anantha Lakshmi underwent left TKR surgery at CARE Hospitals, Banjara Hills, Hyderabad by Dr B N Prasad and his team on 24 Oct 18. Post-surgery she was advised a month's physiotherapy at home, for which she has appointed Dr Kabeer Mohammed as her physiotherapist. Dr Kabeer Mohammed visited her at our home daily, except Sundays for a month and she recovered very well – better than what we had expected. We had thought it might take almost two months for her left leg to function normally. Dr Kabeer Mohammed very patiently made her perform all the relevant exercises on a daily basis. We thank him and wish him a long and bright future.



My mother (Ms Nikat Parveen) underwent surgery and Suhasini, physiotherapist has been a great help to her, both physically and emotionally. Her physiotherapy has been excellent, all thanks to Suhasini! My mother has shown tremendous improvement in the past two months with exercises performed under her guidance. I would definitely recommend her to others who are in need. — **Ms Hina**

I am taking the Care at Home services from the last 3 months. Home Health Aides Sowjanya and Kalyani take care of me very nicely. They are sympathetic to my needs and have helped me recover quickly. Excellent service by Care at Home!! — **Ms Uma Bhasker**



Community camps and employee engagement activities at Care at Home